

## **Table of Contents**

1. WELCOME MESSAGE	3
2. ABOUT KOTA KINABALU, SABAH, MALAYSIA	4
2.1 LANGUAGE 2.2 TIME ZONE 2.3 WEATHER	4 4 4
3. VENUE	5
<ul><li>3.1 Official Competition Venue</li><li>3.2 Headquarter's Accommodation</li><li>3.3 Official Hotels &amp; Rates</li><li>3.3 Reservation, Payment and Cancellation</li></ul>	5 6 6 6
4. EVENT SCHEDULE	7
5. COMPETITION INFORMATION	8
5.1 Organizer 5.2 Supervision 5.3 Categories 5.3.1 U21(Male / Female) 5.3.2 Junior (Male/Female) 5.3.3 Cadet (Male/Female) 5.3.4 Children (Male/Female) 5.4 Competitors 5.5 Safety Equipment 5.6 Rules 5.7 Weigh-in 5.8 Drawing of Lots 5.9 National Flag and Anthem 5.10 Photos 5.11 Referees 5.12 Participation Fees 5.12.1 Individual 5.12.2 Team 5.14 Kata Seminar 5.15 Insurance 5.16 Registration Deadline 5.17 Payment Method	8 8 8 8 8 8 9 9 9 9 9 10 10 10 10 10 10 10 10 10
5.18 FIXTURE	11
5.19 Language	11
6. CONTACT	12

#### 1. WELCOME MESSAGE







The 1<sup>st</sup> Shureido Cup Karate Championship 2019, would be an important Karate Championship for all young Karate athletes in Asia, for the year 2019. I would like to thank Shureido Co. Ltd, for giving this great honor and opportunity of organising the first Shureido Cup Karate Tournament in Kota Kinabalu, Sabah. It is hoped to be the only Championship in Asia that allow the athletes to embark to a new level of performance and meet new friends of Asians.

After the recent AKF Cadet, Junior & 21 Championship, I believe that the 1st Shureido Cup Karate Championship 2019, with the support of Malaysian Karate Federation (MAKAF) and the Sabah State Government, will be a stepping stone as an International Karate tournaments venue in the near future.

I would like to thank the Sabah State Government, especially the Chief Minister of Sabah, for being very supportive in ensuring the betterment of the sports facilities of Karate in Sabah. Furthermore, I hope with the new changes to WKF policies, rules and regulations, will contribute positively to the birth of more karate athletes in the Asian region. Not forgetting this tournament to expose Sabah's own karatekas.

Finally, I wish everyone a pleasant stay and a successful championship. We look forward to welcoming you all to the Land Below the Wind, SABAH, MALAYSIA.

DATUK JAKE JIKULIN NOINTIN
PRESIDENT of Sabah Karate Association

## 2. ABOUT KOTA KINABALU, SABAH, MALAYSIA

Malaysia is a country in the Southern Asia, consists of 13 States and 3 Federal Territories, separated into two similarly sized regions, Peninsular Malaysia and East Malaysia.

Sabah is situated in the East Malaysia, second largest State in Malaysia, famed for its 4,095 metres tall Mount Kinabalu, crowned with distinctive granite spures. Sabah is also known for its beaches, rainforest, coral reefs and abundant wildlife, much of it is within the parks and reserves. The city of Sabah is Kota Kinabalu, historically known as Jesselton.

#### 2.1 LANGUAGE

The official language for Malaysia is Bahasa Malaysia, but English is widely and commonly used in Malaysia.

#### 2.2 TIME ZONE

All of Malaysia is in the same time zone, +8 MST. Malaysia does not go into daylight saving time.

#### 2.3 WEATHER

Malaysia enjoys tropical weather year round however, due to its proximity to water, the climate is often quite humid. Therefore, weather is never too hot and temperatures range from a mild 20°C to 30°C average throughout the year.

# 3. VENUE

# 3.1 Official Competition Venue



Address: Multi-Purpose Hall, Likas Sports Complex, Kota Kinabalu, Sabah, Malaysia.

# 3.2 Headquarter's Accommodation

#### 3.3 Official Hotels & Rates

#	Hotel		ccupancy night)	Twin Sharing (per pax per night)		
		Superior	Deluxe	Superior	Deluxe	
1	Gaya Centre Hotel Jalan Tun Fuad Stephen, Pusat Bandar Kota Kinabalu, 88000 Kota Kinabalu, Sabah	RM310		RM220		
2	Promenade Hotel No. 4 Lorong Api-api3, 88000 Kota Kinabalu	RM420	RM450	RM230	RM240	

<sup>\*</sup>Please refer to Form A & B for transportation & payment details.

## 3.3 Reservation, Payment and Cancellation

Please fill in details in Form A & B.

# 4. EVENT SCHEDULE

The schedule is tentative and subject to changes upon the number of participants.

Date	Time	Program	Location		
13/08/2019		Arrival of officials, athletes and delegations	TBA		
(Tuesday)		Team registration & official weight-in	IDA		
	0900-1200	Team registration & weight-in			
14/08/2019	1200-1300	Lunch	TBA		
(Wednesday)	1400-1600	Team managers' meeting and draw	IBA		
	1430-1630	Referee briefing			
15/08/2019 (Thursday)	0900-1600	KATA Seminar by Sensei Michael Huang (Shotokan) and Sensei Nobukawa Yoshiaki (Nobukawa Ha Shitoryu) for all participants	Stadium		
	1900-2300	Welcoming dinner	TBA		
16/08/2019 (Friday)	I IZ Chlidren individual Klimite.				
17/08/2019 (Saturday)	0800-1730	Championship commence: 1. Cadet Individual Kata 2. Junior Individual Kata 3. Cadet Team Kata 4. Junior Team Kata 5. Cadet Individual Kumite 6. Junior Individual Kumite Award ceremony	Likas Sports Complex		
0800-1730 18/08/2019 (Sunday)		Championship commence: 1. U21 Individual Kata 2. U21 Individual Kumite  Award ceremony  Closing ceremony			
19/08/2019 (Monday)		Departure			

#### 5. COMPETITION INFORMATION

#### 5.1 Organizer

This championship is co-organised by **SABAH KARATE ASSOCIATION (SKA)** and **SHUREIDO CO. LTD.** 

#### 5.2 Supervision

The championship will be supervised by the Organizing Committee (OC) of SKA.

## 5.3 Categories

#### **5.3.1 U21(Male / Female)**

KATA (Born in 2001, 2000, 1999)	<b>KUMITE</b> (Born in 2001, 2000, 1999)
a. Individual (Age 18, 19, 20)	a. Individual (Age 18, 19, 20) - Female: -50kg, -55kg, -61kg, -68kg, +68kg -Male:-55kg,-60kg,-67kg,-75kg,-84kg, +84kg

## 5.3.2 Junior (Male/Female)

KATA	KUMITE
a. Individual (Age 16-17) (Born in 2002 and 2003) b. Team (Age 14-17) (Born in 2002, 2003, 2004, 2005)	a. Individual (Age 16-17) (Born in 2002, 2003) - Female: -48kg, -53kg, -59kg, +59kg - Male: -55kg, -61kg, -68kg, -76kg, +76kg

## 5.3.3 Cadet (Male/Female)

KATA	KUMITE
a. Individual (Age 14-15) (Born in 2004, 2005)	a. Individual (Age 14-15) (Born in 2004, 2005) - Female: -47kg, -54kg, +54kg - Male: -52kg, -57kg, -63kg, -70kg, +70kg

#### 5.3.4 Children (Male/Female)

KATA	KUMITE
a. U12 Individual (Age 10-11) (Born in 2008, 2009) b. U14 Individual (Age 12-13) (Born in 2006,2007)	a. U12 Individual (Age 10-11) (Born in 2008, 2009) - Female: -30kg, -35kg, -40kg, +40kg - Male: -30kg, -35kg, -40kg, -45kg, +45kg b. U14 Individual (Age 12-13) (Born in 2006, 2007)
	- Female: -42kg, -47kg, +47kg - Male: -40kg, -45kg, -50kg, -55kg, +55kg

#### 5.4 Competitors

- a) Each participating country/club may enter up to two (2) competitors for each weight division of the individual Kumite competition and individual Kata competition;
- b) Each participating team may enter up to two (2) teams for each team Kata event;
- c) Each event/category must have at least 4 participants, failing which, the event/category will either be scrapped or combined with another event/category; and
- d) Every competitor attending this event should submit both Entry Forms A and B by the given deadlines

## 5.5 Safety Equipment

- a) WKF approved Go, Obi, Gloves, Gum Shield, Body Protection, Chest Protection (for female), Shin Pad and Foot Protection;
- b) All contestant must provide their own WKF approved protective items. The OC is not in charge of providing these items to all athletes; and
- c) Groin Guards are not mandatory but if worn must be WKF approved.

#### 5.6 Rules

- a) The tournament shall be conducted in accordance with the latest WKF Rules of Competition;
- b) Duration of Bout (Kumite):
  - i. U21: 3 minutes for Male and 3 minutes for Female;
  - ii. Cadet & Junior: 2 minutes for Male and Female: and
  - iii. U14 Children: 1.5 minutes for Male and Female.

#### 5.7 Weigh-in

a) The weigh-in shall be during registration day only;

#### 5.8 Drawing of Lots

- a) Drawing of lots will be conducted by technical delegate or his representation appointed by the Organizing Committee; and
- b) Participating teams are welcome to attend the draw.

#### 5.9 National Flag and Anthem

All participating team to submit one (1) National Flag (1mx1.5m) and 1 National Anthem CD at the registration.

#### 5.10 Photos

- a) Please submit a separate folder which includes all e-format photos of your delegation together with entry form (3R sized color photos or 3cmx4cm, in white background;
- b) Each photo should be saved in the person's name plus his position (ie. Full name, Team Name, Position).

#### 5.11 Referees

- a) The Organizing Committee would like to request that every participating country to recommend a minimum of two (2) judges / referees for this event;
- b) All qualified personnel will immediately be installed as the event's referees.

## 5.12 Participation Fees

#### 5.12.1 Individual

- a) Cadets and Juniors: RM300 per person per category
- b) U21: RM300 per person per category
- c) U14 Children and U12 Children: RM200 per person per category

#### 5.12.2 Team

a) ALL TEAM Categories: RM400 per team per category

#### 5.14 Kata Seminar

Fee is RM100 per person

#### 5.15 Insurance

a) All participants are to arrange for their own insurance;

#### 5.16 Registration Deadline

The Organizing Committee would greatly appreciate if the participants to submit the forms by the dates given below:

No.	Forms	Deadline
1.	FORM A & B – OFFICIAL HOTEL RESERVATION FORM	31 MAY 2019
	FORM C TO J – PARTICIPANTS' NAME LIST REGISTRATION	30 JUNE 2019

#### 5.17 Payment Method

- a) All participating countries must directly pay by cash to the Organizing Committee upon arrival/team registration;
- b) In case of any changes in competition category or in any arrival schedule changes, a fee of RM50 will be applied.

#### 5.18 Fixture

Team Manager's meeting and draw will be conducted, where date, time and venue will be advised.

## 5.19 Language

English is the official language for this competition. We would recommend each team to have at least one (1) person who can communicate in English.

#### 6. CONTACT

If you have any questions or concerns, please feel free to contact us at:

Address: Sabah Karate Association

P.O. Box 11529, 88816 Kota Kinabalu Sabah, Malaysia

E-mail: <u>sabahkarateska@gmail.com</u>

Facebook: <a href="https://www.facebook.com/sabahkarateassociation/">https://www.facebook.com/sabahkarateassociation/</a>

Website: <u>www.sabahkarate.net</u>

Mobile: a) Julian Chin +60 12 838 1088

b) Nadia +60 11 1955 5359 c) Iskhandar +60 16 881 5295

#### FORM A- GAYA CENTER HOTEL RESERVATION FORM **1ST SHUREIDO CUP KARATE CHAMPIONSHIP 2019**

14-18 AUGUST 2019

COUNTRY	:	<b>FEDERATION</b>	:	REP'S	:
				NAME	

			Ro	от	F	light Arriv	/al
No.	No. Name	ID / Passport Number	Single RM310	Twin RM220	Date	Time	Fligi
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							

- 1. Rate is per person per night, inclusive of RM10 Government Tourism Tax, a return airport transfer and daily shuttle from htoel to venue round trip only.

- Please fill in details above and e-mail completed form to <u>travel@chungfui.com</u>.
   The closing date for all accommodation booking is on the <u>31<sup>st</sup> May 2019</u>
   50% deposit is require upon confirmation and the balance be made 1 month prior to arrival. All payments to be made in Ringgit Malaysia only.

# FORM B- **PROMENADE HOTEL** RESERVATION FORM 1ST SHUREIDO CUP KARATE CHAMPIONSHIP 2019

14-18 AUGUST 2019

COUNTRY	:	<b>FEDERATION</b>	:	REP'S	:
				NAME	

Ma		ID / Decement	Superior		Deluxe		Flight Arriva		
No	Name Number	Single RM420	Twin RM230	Single RM450	Twin RM240	Date	Time	F	
1.									T
2.									T
3.									
4.									
5.								<u> </u>	
6.								<u> </u>	
7.									
8.									
9.									
10.									

- 1. Rate is per person per night (with breakfast) inclusive RM10 Government Tourism Tax. Transportation is only available upon request at the rate of RM600 for 10 hours (9 seater fully air-conditioned van).
- 2. Please fill in details above and e-mail completed form to <a href="mailto:sabahkarateska@gmail.com">sabahkarateska@gmail.com</a>.
- 3. The closing date for all accommodation booking is on the 31st May 2019
- 4. 50% deposit is require upon confirmation and the balance be made to the Organizing Committee in full upon team registration. All payments to be made in Ringgit Malaysia only.

14-18 AUGUST 2019

COUNTRY		FEDERATION	
	DELEGATION'S R	REPRESENTATIVE	
NAME		DESIGNATION	
ADDRESS			
		T	
TEL		FAX	
MOBILE		E-MAIL	
SIGNATURE			

	INDIVIDUAL KATA										
No	Name	Cadet		Junior		U21		U12		U14	
No.	Name	М	F	M	F	M	F	М	F	М	F

14-18 AUGUST 2019

COUNTRY		FEDERATION	
	DELEGATION'S R	EPRESENTATIVE	
NAME		DESIGNATION	
ADDRESS			
		T	Γ
TEL		FAX	
MOBILE		E-MAIL	
SIGNATURE			

	Name	MALE	FEMALE
No	Name	Cadet &Junior	Cadet& Junior

14-18 AUGUST 2019

COUNTRY		FEDERATION	
	DELEGATION'S R	REPRESENTATIVE	
NAME		DESIGNATION	
ADDRESS			
		<u> </u>	<del> </del>
TEL		FAX	
MOBILE		E-MAIL	
SIGNATURE			

No.	Name			Male			Female		
NO.		-52kg	-57kg	-63kg	-70kg	+70kg	-47kg	-54kg	+54kg

14-18 AUGUST 2019

COUNTRY			
	DELEGATION'S R	REPRESENTATIVE	
NAME		DESIGNATION	
ADDRESS			
		ı	
TEL		FAX	
MOBILE		E-MAIL	
SIGNATURE			

No.	Name	Male					Female			
NO.	Name	-55kg	-61kg	-68kg	-76kg	+76kg	-48kg	-53kg	-59kg	+59kg

14-18 AUGUST 2019

COUNTRY	FEDERATION	
	DELEGATION'S REPRESENTATIVE	
NAME	DESIGNATION	
ADDRESS		
TEL	FAX	
MOBILE	E-MAIL	
SIGNATURE		

No.	Nome		Male						Female				
NO.	Name	-55kg	-60kg	-67kg	-75kg	-84kg	+84kg	-50kg	-55kg	-61kg	-68kg	+68kg	

14-18 AUGUST 2019

COUNTRY		FEDERATION	
	DELEGATION'S R	REPRESENTATIVE	
NAME		DESIGNATION	
ADDRESS			
		<b>†</b>	<u> </u>
TEL		FAX	
MOBILE		E-MAIL	
SIGNATURE			

No.	Name			Boy			Girl			
NO.		-30kg	-35kg	-40kg	-45kg	+45kg	-30kg	-35kg	-40kg	+40kg

14-18 AUGUST 2019

COUNTRY									
DELEGATION'S REPRESENTATIVE									
NAME	DESIGNATION								
ADDRESS									
		1	1						
TEL		FAX							
MOBILE		E-MAIL							
SIGNATURE									

No.	Name	Воу				Girl			
		-40kg	-45kg	-50kg	-55kg	+55kg	-42kg	-47kg	+47kg